

Help Reduce the Spread of COVID-19

WASH YOUR HANDS



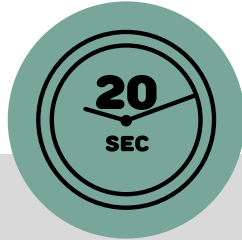
1

Wet your hands
with warm water



2

Apply Soap



3

For at least 20
seconds, make
sure to wash:



4

Rinse well



5

Dry hands with
paper towel



6

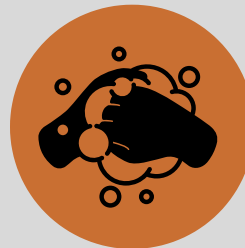
Turn off the tap with
the paper towel



Palm and
back of
each hand



Between
fingers



Under nails



Thumbs

